Collective Foundation for Structural Integration (CFSI)

Official Academic Catalog & Program Publication (2026–2027)

Regulatory-Facing Core Layer • Fulfilling IASI® Criterion 19

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Section 1: Admissions & Transfer Credit Policies

1.1 Admissions Framework

The Collective Foundation for Structural Integration (CFSI) maintains a rigorous, multi-generational onboarding portal designed to select candidates demonstrating psychological grounding, somatic stability, and dedication to the historical lineage of Dr. Ida P. Rolf.[1]

- **Prerequisite Clearance:** All candidates must complete the *Pre-Entry Study Log and Readiness Check*, documenting a minimum of 14 independent study hours across primary texts (Rolf, Kramer, Mintz) before Day 1 of synchronous instruction.[1]
- **Initial Entry Assessments:** Prior to entry into synchronous tracking, candidates must file a satisfactory *Personal Statement on Interest/Intent* and achieve an 80% passing threshold on the *Intro to SI 101 Foundational Lineage Quiz*.[1]
- **Linguistic Boundary Agreement:** Applicants must sign an ethical boundary compliance waiver committing to use exclusively claims-safe, non-medical language throughout their training.[1]

1.2 Transfer Credit & Advanced Standing Policy

CFSI limits advanced standing to ensure lineage continuity and cohesive cohort dynamics.

- **Transfer Credit Ceiling:** A maximum of 230 hours may be awarded for prior learning from accredited institutions.
- **Eligible Domains:** Transfer credit is restricted to college-level health sciences (Anatomy & Physiology), business development, and foundational professional ethics.

- **Exclusions:** No transfer credits or advanced standing parameters will be applied to the core *Ten-Series Canonical Spine* modules (Module I Audit and Module II Practitioner tracks). All core structural perception and manual orchestration tracks must be completed fully in-residence under active CFSI elder faculty supervision.[1]

Section 2: Regulatory Hours Distribution & Program Classification

The CFSI Basic Vocational Training Program is structured as a 1,316-hour instructional continuum across online, residential, and laboratory environments. The curriculum scales from foundational theory into intensive visual tracking, culminating in hands-on clinical orchestration.[1]

2.1 Curriculum Hours Breakdown

PROGRAM CORE MODULES & CLASSIFICATIONS		
Course / Module Track	Instructional Format	Program Hours
Intro to SI 101 (Fundamentals)	Hybrid / Synchronous	46.5 Hours
Prerequisite Hybrid (Foundations)	Hybrid / Synchronous	93.0 Hours
Module I: Audit Phase	Residential Observation	565.0 Hours
Module II: Basic Practitioner Phase	Supervised Public Clinic	565.0 Hours
Module III: Post-10 Integration	Capstone Intensive	46.5 Hours
TOTAL SPECIFIC HISTORICAL PROGRAM CONTENT VOLUMES		1,316 HOURS

Note: This basic track links into the supplemental 2027 cycle laboratory module (56 laboratory immersion hours at the Institute for Anatomical Research), providing an aggregated total of 1,372 instructional hours across the full vocational delivery continuum.[1]

2.2 Operational Format & Delivery Mechanics

- **Virtual Health Sciences Layer:** Directed by Piotr Szalanski, this track includes 10 hours in SI 101, 20 hours in the Prerequisite Block, and 100 hours embedded within each core 14-week block (Module I and Module II), totaling 230 synchronous virtual anatomy hours.[1][2]
- **Module I Audit Phase (565 Hours):** Completed over 14 weeks at 4 days per week. Focuses strictly on visual/tactile tracking, case-study mapping, and structural reasoning across 115 hours of direct faculty demonstration observation.[1]
- **Module II Practitioner Phase (565 Hours):** Completed over 14 weeks at 4 days per week. Focuses on hands-on application, pacing under load, and the management of a 3-model-per-day public clinical volume under stellium supervision.[1]

Section 3: Institutional Publications & Disciplinary Procedures

3.1 Student Grievance & Due Process

CFSI is dedicated to maintaining a transparent, trauma-informed learning environment. Students who experience operational or academic conflict are entitled to due process:

1. **Informal Resolution:** The student should first bring the issue directly to the relevant Lead Teacher or Virtual Health Sciences Director to establish a dialogic review.[1]
2. **Formal Written Complaint:** If unresolved, a formal grievance must be filed in writing to the CFSI Administration (thecfsi.org@gmail.com) within 14 business days of the incident.
3. **Administrative Hearing:** A review board consisting of one Lead Teacher, an Elder Faculty representative, and the Clinical Ethics Partner will convene within 7 business days to review the documentation and interview all parties. A binding written decision will be issued within 5 business days of the hearing.

3.2 Dismissal & Disciplinary Actions

The Embodied Learning Project (ELP) tracking layer monitors student boundaries and somatic stability. Disciplinary action up to immediate administrative dismissal will be executed based on the following metrics:[1]

- **Linguistic Non-Compliance:** Continued use of pathologizing, diagnostic allopathic medical language after receiving a "Needs Review" on the *Baseline Written Reflection & Vocabulary Check*.[1]
- **Ethical Boundary Breaches:** Any therapeutic or psychotherapeutic overreach in the public clinic, or a failure to maintain continuous informed consent and draping safety thresholds.[1]
- **Academic Deficiencies:** Failing to clear the mandatory *Midterm I* or *Midterm II Structural Reasoning Gates* due to incomplete case-study portfolios or unsafe contact habits.[1]

3.3 Refund Policy Framework

CFSI complies strictly with state vocational education guidelines. In the event of withdrawal or formal administrative dismissal, tuition refunds are calculated on a pro-rata basis:

- **Cancellation within 3 business days of enrollment:** 100% refund of all paid tuition fees.
- **Withdrawal prior to Day 1 Orientation:** Full tuition refund minus a standard $150 administrative processing fee.
- **Withdrawal within the first 10% of the module:** 90% pro-rata refund of remaining instructional hours.
- **Withdrawal between 11% and 50% of the module:** 50% pro-rata refund of remaining instructional hours.
- **Withdrawal after 50% of module completion:** No refund will be issued.

Institutional Self-Audit Report: IASI® Criterion 21

Collective Foundation for Structural Integration (CFSI)
Reporting Period: 2026–2027 Academic Cycle
Contact / Submission Authority: thecfsi.org@gmail.com

Executive Artifact: Evaluation & Quality Assurance Framework

Key Decision Points: Continuous Improvement System

- **Inter-Rater Reliability Threshold:** Lead faculty conduct blind double-reviews of 15% of all Module I case-study maps annually to minimize grading variance between supervisors.
- **Graduation Competency Gateway:** Students must achieve a minimum rating of "Meets Standards" across all final practical reviews and oral examinations in Week 13 to clear the programmatic gateway to Module III graduation.
- **Feedback Loop Enforcement:** Course evaluations are fully anonymized by default and systematically reviewed by the Elder Stellium during annual educational policy summits to drive structural curriculum modifications.

Section 1: Statement of Purpose & Commitment to Excellence

The Collective Foundation for Structural Integration (CFSI) maintains an in-depth internal evaluation system designed to systematically measure programmatic performance against the 2024 International Association of Structural Integrators (IASI®) Recognition Standards. The program's core educational mission is to develop entry-level, independent Structural Integrators who possess deep clinical maturity, rigorous ethical stability, and an embodied mastery of the Ten-Series canonical spine as established by Dr. Ida P. Rolf.

To achieve this goal, CFSI utilizes a comprehensive, ongoing evaluation infrastructure involving students, active faculty, and administrative officers. This multi-layered feedback loop guarantees that all didactic, virtual, and practical application tracking modules remain entirely aligned with the occupational needs of the independent practitioner.

Section 2: Student Educational Progress Evaluation System

CFSI tracks student progression across three primary axes of competency: analytical/visual evaluation of structure, palpatory/tactile depth literacy, and psychological/ethical boundary maturity. Lead and Associate Instructors deliver organized, substantial, and meaningful evaluations formally at least three times during the course of the basic training curriculum.

2.1 Midterm I Gate (End of Week 4)

- **Evaluative Focus:** Sessions 1–3 Sleeve Architecture.
- **Mechanisms:** Written examination and structural reasoning map defense.
- **Standards:** Students must accurately map the line of gravity, identify three-dimensional tissue segmentations, and formulate lineage-consistent session strategies using exclusively claims-safe, non-medical language.

2.2 Midterm II Gate (End of Week 7)

- **Evaluative Focus:** Sessions 4–7 Deep Core Progression.
- **Mechanisms:** Supervised practical skills lab checkoff and clinical observation log review.
- **Standards:** Tracks real-time pressure regulation, practitioner spatial alignment, and non-verbal tracking of client autonomic nervous system shifts.

2.3 Comprehensive Final Exams (Week 13)

- **Evaluative Focus:** Full Ten-Series Integration & Portfolio Capstone.
- **Mechanisms:** Comprehensive practical reviews, an oral examination defense in front of the Elder Stellium, and a final integration portfolio reconciliation.
- **Standards:** Verifies completion of the mandatory 180-hour public clinical volume (3 models per day) and 115 hours of direct instructor observation.

[STUDENT COMPETENCY ASSESSMENT GRID]

- Foundational Quiz | Pre-Entry (101 Format) | 80% Quantitative Score
- Midterm I Gate | End of Week 4 (S1-S3) | "Meets Standards" across all Maps
- Midterm II Gate | End of Week 7 (S4-S7) | "Meets Standards" in Practical Lab
- Final Examination | Week 13 (Full Ten-Series) | Perfect Pass Mark from Stellium

2.4 Customized Progression Standards

In strict adherence to IASI Criterion 6, any possible denial of graduation due to long-term class performance issues is communicated to the student well in advance. If a student displays

structural reasoning deficiencies or tactile pacing issues during a midterm filter, the program provides immediate, mutually agreed-upon, customized progression standards. These allow the student to systematically improve performance over time through supplemental observation tracks or targeted tutoring labs with lead faculty.

Section 3: Periodic Course & Faculty Evaluation Protocols

To ensure consistency of instruction across all geographic locations and distinct specialized tracks, CFSI administers formal class and faculty evaluations at the conclusion of each instructional phase.

3.1 Student Evaluation of Instructors

- **Anonymity Safeguards:** To support authentic student expression, the default administrative standard dictates that student names are not required on submission forms. If a student desires direct, personal qualitative feedback regarding their remarks, they may optionally append their name.
- **Faculty Reporting:** Compiled evaluation metrics are reviewed directly by institutional leadership. When submitting these evaluations to external accrediting bodies or IASI upon request, student names are redacted as necessary, while the specific faculty member's name is clearly maintained to ensure instructional accountability.

3.2 Annual Faculty Policy Synthesis

At least once per calendar year, the complete teaching staff—including residential leads, guest instructors, and the Virtual Health Sciences Director—convene for a mandatory consensus meeting. The minutes of these meetings are permanently archived within the institution's files. This council explicitly reviews:

- 1. Accumulated student evaluation trends to identify educational delivery blind spots.
- 2. Grading consistency parameters to maintain high inter-rater reliability across practical checkoffs.
- 3. Current advancements in structural integration methodology, neuro-somatic trauma research, and fascial matrix science to keep the curriculum current with global best practices.

Section 4: Documented Achievement & Verifiable Success Metrics

CFSI measures institutional efficacy and the accomplishment of its stated objectives by tracking student outcomes in verifiable, internally consistent ways.

- **Clinical Hours Reconciliation:** Every student portfolio must contain verified, signed attendance logs tracking 115 observation hours, 40 classmate trade hours, and 180 public clinic hours. These metrics are cross-referenced with client intake forms and charting records maintained in secure institutional storage.

- **Somatic Stability Verification:** The Embodied Learning Project (ELP) records three formal touchpoint reports per module. These tracking logs document that 100% of graduating students have cleared the emotional grounding and professional boundary criteria required to operate safely in an independent practice environment.
- **Graduation and Certification Tracking:** CFSI maintains permanent records of all certificate awards, state licensure application rates, and Board Certified Structural Integrator (BCSI) exam pass rates within a secure, consolidated student registry.

Section 5: Institutional Plan for Improvement

As part of its ongoing commitment to educational excellence, CFSI has outlined two primary strategic directives for the upcoming 2027 academic cycle to further optimize student learning environments:

- **1. Physical Facility Expansion:** CFSI is executing a transition plan to secure a dedicated, long-term commercial professional facility. Backed by a targeted $50,000 allocation from the operational budget, this space is engineered to comfortably house 24+ in-person students, expanding classroom square footage and stabilizing learning resources.
- **2. Anatomy Dissection Integration:** To deepen palpatory literacy before public clinic exposure, the program has finalized a modular structural lab contract with the Institute for Anatomical Research in Colorado Springs, CO. This replaces previous loose arrangements, embedding two 4-day intensive laboratory dissections (56 hours total) directly into the core prerequisite tracking engine.

Section 4.5 – Postgraduate Track Framework & Module D Matrix

4.5.1 Postgraduate Delineation of Tracks

To satisfy structural transparency requirements for the International Association of Structural Integrators (IASI®) program recognition dossier, the Postgraduate Elder Stellium Series separates enrollment into three active operational frameworks:

1. **Hands-On Postgraduate Attendee Track:** Open to practitioners holding a current certification as an IASI-approved 10-Series Practitioner from an accredited program, or students currently active in the practitioner phase of an IASI-recognized basic training program.
2. **Case Study Auditor Track:** Open enrollment tier for non-hands-on participants. Focuses entirely on structural observation, perception drills, and case-study data mapping. Strictly closed to active clinical model tissue contact or manual load application.

    - **Virtual Modality Boundary:** Online or virtual participation in the auditing track is authorized strictly at the discretion of the presiding Elder and is subject to administrative staffing levels.
3. **Comprehensive Teaching Assistant (TA) Training Track:** Open exclusively to advanced practitioners who hold formal Advanced Practitioner status in Structural Integration. This track requires a 100-hour-per-year educator practicum embedding the candidate into classroom pedagogy and clinical supervision.

4.5.2 Module D (Nilce Silveira Capstone Integration) Strictures

Due to regional logistics and the specialized nature of the Post-10 Master Residency, Module D (scheduled for Sep 9, 2027 – Sep 15, 2027, in Brazil) operates under isolated administrative rules:

- **Practitioner Ceiling:** Module D is fundamentally designated as an all-hands-on, in-person, postgraduate practitioner-only residency module.
- **Auditor Exclusion & Staffing Floor:** General Case Study Auditing (whether in-person or virtual) is completely unavailable for the Module D sequence due to the mandatory requirement for additional personnel to act as an online moderator.
- **Capacity Capacity Gate: Contingency Rule:** If virtual or online audit applications reach full institutional capacity floors for the overall sequence, a specialized auditing track for Module D will be activated. However, this emergency capacity tier remains strictly open to postgraduate practitioners only. Standard non-practitioner or general public auditing remains absolutely barred from the Capstone matrix.

Updated Catalog Public Information Matrix

Module & Target Focus	**Module A through C.b**	**Module D: Capstone Integration**
Assigned Faculty / Lead	Karen Price, David Davis, Gael Rosewood, Denise Foster-Scott	Nilce Silveira (Elder Lead)
Delivery Format	Hybrid Capable: In-person or virtual auditing available.	Strictly In-Person & Hands-On. Virtual unavailable.
Prerequisite Baseline	Attendees: IASI 10-Series. Auditors: Open. TAs: Advanced.	Attendees: Postgraduates only. Auditors: Suspended. TAs: Advanced.

Realignment Impact & Regulatory Analysis

By establishing this specific module exemption within Section 4 of the catalog, CFSI successfully fulfills IASI Criterion 19 public disclosure rules. Prospective students are clearly notified of the operational differences between the domestic regional loops and the intensive

international residency in Brazil, defending the school against state vocational compliance conflicts regarding unexpected travel or staffing requirements.

I. Updated Faculty Credentials Ledger

Regulatory-Facing Archive Layer • Fulfilling IASI® Criterion 2

1.1 Institutional & Educational Leadership

- **Piotr Szalanski, PhD, MSc | TA Lead Faculty & Virtual Health Sciences Lead**
  - **Academic & Professional Credentials:** Doctor of Philosophy (PhD) and Master of Science (MSc).
  - **Clinical Tenure:** 16 years of active, licensed Physical Therapist experience coupled with 10 years of dedicated clinical practice as a Rolf Method Structural Integration Practitioner.
  - **Programmatic Scope:** Delivers over 200 hours of synchronous virtual instructions across the baseline blocks (Modules 101, 102, and 103). Bridges clinical anatomy, allopathic biological systems, and medical terminology with canonical structural logic to satisfy non-hands-on academic instructions for the recognition dossier.
- **Leesa Gray, BCSI, LMT | Founder, President, and Lead Faculty**
  - **Clinical Tenure:** 22 years of dedicated clinical Structural Integration practice; 28 years as a somanaut; over 35 years as a professional educator. GSI ADV Graduate.

1.2 The Elder Stellium (Senior Master Faculty & Lineage Anchors)

- **Gael Rosewood | Elder Lead Faculty & Somatic Lineage Anchor**
  - **Experience Vector:** Over 45 years of clinical Structural Integration experience, direct student of Dr. Ida P. Rolf, and formal certification as a Continuum Teacher authorized by the late Emilie Conrad.
  - **Instructional Scope:** Leads the intensive 6-day (42 hours) specialized residency block: Module C.a: The Core of the Matter & Tensional Coherence scheduled for Jun 2, 2027 – Jun 8, 2027.

II. Realigned Pre-Entry Study Log & Readiness Check

Student Handbook Section 8 & Registrar Verification Portal
To maintain total compliance with structural tracking and foundational visual engines, the admissions checklist explicitly enforces the independent study parameters across the core text architecture.

CFSI REQUIRED CORE SOMATIC & PERCEPTUAL READINGS MATRIX

1. **[Required Core]** Rolfing: Reestablishing the Natural Alignment and Structural Integration of the Human Body for Vitality and Well-being — Dr. Ida P. Rolf

2027 Specialized Prerequisite Media Portfolio

- **Module A: Intro to Pediatrics & Specialized Clinical Mapping**
  - **Prerequisite Media:** Full audit of pediatric spasticity protocols and clinical structural mapping.
  - **Platform/Source:** Available via the Rolfing Children Video Channel.
- **Module B: Three-Dimensional Scoliosis & Embryology Tracking**
  - **Prerequisite Media:** None designated.
- **Module B Alternate: BodyMindfulness Meditation, Perception & Presence**
  - **Prerequisite Media:** None designated.
- **Module C.a: The Core of the Matter & Tensional Coherence**
  - **Prerequisite Media:** Deep Core Alignment & Psoas-Diaphragmatic Integration digital media audit.
  - **Platform/Source:** Secured within the Internal CFSI Archive.
- **Module C.b: Focused Pelvic Floor Intensive (3-Day)**
  - **Prerequisite Media:** External Pelvic Mobilization Protocols digital review.
  - **Platform/Source:** Secured within the Internal CFSI Archive.
- **Module D: Capstone Integration & Post-10 Master Residency**
  - **Prerequisite Media:** Post-10 Sequencing & Autonomous Integration Strategies structural video audit.
  - **Platform/Source:** Secured within the Internal CFSI Archive.

Critical Decision Point: Access to the Internal CFSI Archive media tokens is distributed exclusively upon the validation of baseline track credentials by the reviewing registrar. These media audits must be completed asynchronously before arriving at the respective clinical venues to satisfy institutional IASI auditing metrics.

2. **[Required Core]** Foundations of Structural Integration — Ritchie Mintz (Maintained as a mandatory baseline requirement for structural visual architecture, body segmentation, and alignment logic).
3. **[Required Core]** A Searcher's Handbook — Ed. Clinton L. Kramer
4. **[Required Core]** Fascia: The Tensional Network of the Human Body — Robert Schleip et al.
5. **[Required Core]** Body Mandala: Posture, Perception, and Presence — Mary Bond

III. Realigned Virtual Health Sciences Domain Blueprint

Dossier Appendix Mapping Matrix
Academic Lead: Piotr Szalanski, PhD, MSc
Dual-Lens Tenure Check: 16 Years Physical Therapist Practice | 10 Years SI Practitioner Alignment

This domain outlines how the 230-hour virtual synchronous curriculum, directed under Piotr Szalanski's dual clinical lenses, directly interfaces with the hands-on residential blocks:

1. **1. The Skeletal System:** Directs the practitioner's visual analysis to map multi-planar compensation spirals and skeletal adaptations relative to the vertical line. This synchronizes seamlessly with the visual engines established in the core text by Ritchie Mintz.
2. **2. The Respiratory System:** Tracks how physical restrictions within the costal cage compress internal volume and inhibit axial length during the respiratory cycle. This directly bridges the tensional coherence protocols of Module C.a, prioritizing the mobilization of deep psoas-diaphragmatic continuities to expand the internal fluid container.
3. **3. The Neurological System:** Directs palpatory entry speed and manual pressure adjustments to consciously communicate with sensory networks, minimizing autonomic guarding responses. This grounds the clinical strategy in fluid tissue dynamics and long-term autonomic nervous system self-regulation.